

## PROGRESS IN PHYSICAL EDUCATION YEARS 12-13

Grade	Y13	Y12	<b>AO1: Demonstrate knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport. 22-25%</b>	<b>AO2: Apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport 22-25%</b>	<b>AO3: Analyse and evaluate the factors that underpin performance and involvement in physical activity and sport. 22-25%</b>	<b>AO4 (1) : Demonstrate and apply relevant skills and techniques in physical activity and sport. 15%</b>	<b>AO4 (2) : Analyse and evaluate performance. 15%</b>
<b>A*</b>			<ul style="list-style-type: none"> <li>Knowledge is consistently comprehensive, accurate and well detailed across the different sections of the course</li> <li>Relevant terminology is always used.</li> <li>The answer demonstrates a high level of substantiated reasoning, clarity, structure and focus</li> </ul>	<ul style="list-style-type: none"> <li>Throughout the different elements, application of breadth or depth of knowledge is clearly evident.</li> <li>Relevant terminology is always used.</li> <li>The answer demonstrates a high level of substantiated reasoning, clarity, structure and focus</li> </ul>	<ul style="list-style-type: none"> <li>Analysis and/or evaluation is coherently and consistently made between different relevant factors and their impact.</li> <li>Relevant terminology is always used.</li> <li>The answer demonstrates a high level of substantiated reasoning, clarity, structure and focus.</li> </ul>	<ul style="list-style-type: none"> <li>Excellent level of core and advanced skills/techniques, applied with consistency, accuracy and success</li> <li>Advanced skills are frequently used successfully at the highest levels of competition</li> <li>Excellent levels of physical fitness and/or psychological focus are clearly evident.</li> </ul>	<ul style="list-style-type: none"> <li>Able to identify, explain and analyse weakness(es), illustrating an excellent level of awareness.</li> <li>Consistently highlights the effect of prominent technical/tactical/strategic errors upon overall skill execution and performance.</li> <li>Excellent knowledge and understanding of the different techniques/ tactics/strategies with use of appropriate and correct technical terminology</li> </ul>
<b>A</b>			<ul style="list-style-type: none"> <li>Knowledge is consistently comprehensive, accurate and well detailed.</li> <li>Relevant terminology is almost always used.</li> <li>The answer demonstrates a high level of substantiated reasoning, clarity, structure and focus</li> </ul>	<ul style="list-style-type: none"> <li>Application of breadth or depth of knowledge is clearly evident.</li> <li>Relevant terminology is almost always used.</li> <li>The answer demonstrates a high level of substantiated reasoning, clarity, structure and focus</li> </ul>	<ul style="list-style-type: none"> <li>Analysis and/or evaluation is coherently and consistently made between different relevant factors and their impact.</li> <li>Relevant terminology is almost always used.</li> <li>The answer demonstrates a high level of substantiated reasoning, clarity, structure and focus.</li> </ul>	<ul style="list-style-type: none"> <li>Excellent level of core and advanced skills/techniques, applied with consistency, accuracy and success</li> <li>Advanced skills are frequently used successfully at the highest levels of competition</li> <li>Excellent levels of physical fitness and/or psychological focus are clearly evident.</li> </ul>	<ul style="list-style-type: none"> <li>Able to identify, explain and analyse weakness(es), illustrating an excellent level of awareness.</li> <li>Consistently highlights the effect of prominent technical/tactical/strategic errors upon overall skill execution and performance.</li> <li>Excellent knowledge and understanding of the different techniques/ tactics/strategies with use of appropriate and correct technical terminology</li> </ul>
<b>B</b>			<ul style="list-style-type: none"> <li>Knowledge is usually comprehensive, accurate and detailed.</li> <li>Relevant terminology is usually used.</li> <li>The answer usually demonstrates</li> </ul>	<ul style="list-style-type: none"> <li>Application of breadth or depth of knowledge is often evident.</li> <li>Relevant terminology is usually used.</li> <li>The answer usually demonstrates substantiated</li> </ul>	<ul style="list-style-type: none"> <li>Analysis and/or evaluation is often made between different relevant factors and their impact, and is usually coherent.</li> <li>Relevant terminology is usually used.</li> </ul>	<ul style="list-style-type: none"> <li>Very good level of core and advanced skills/techniques, applied with accuracy and success</li> <li>Advanced skills are frequently and often used successfully at the high levels of competition but may make errors in the</li> </ul>	<ul style="list-style-type: none"> <li>Able to identify, explain and analyse weakness(es), illustrating a very good level of awareness.</li> <li>Demonstrates very good levels of depth and/or breadth of analysis when analysing</li> </ul>

			substantiated reasoning, clarity, structure and focus	reasoning, clarity, structure and focus	<ul style="list-style-type: none"> <li>The answer usually demonstrates substantiated reasoning, clarity, structure and focus</li> </ul>	<ul style="list-style-type: none"> <li>most challenging situations</li> <li>Very good levels of physical fitness and/or psychological focus are clearly evident</li> </ul>	<ul style="list-style-type: none"> <li>weaknesses, usually highlighting the effect of technical/tactical/strategic errors upon overall skill execution and performance.</li> <li>Very good levels of knowledge and understanding of the different techniques/ tactics/strategies.</li> <li>Uses appropriate and correct technical terminology; however this may occasionally be inconsistent.</li> </ul>
<b>C</b>			<ul style="list-style-type: none"> <li>Knowledge is generally accurate and sometimes detailed.</li> <li>Relevant terminology is used but may sometimes be missing.</li> <li>The answer sometimes demonstrates substantiated reasoning, clarity, structure and focus</li> </ul>	<ul style="list-style-type: none"> <li>Application of breadth or depth of knowledge is sometimes evident.</li> <li>Relevant terminology is used but may sometimes be missing.</li> <li>The answer sometimes demonstrates substantiated reasoning, clarity, structure and focus</li> </ul>	<ul style="list-style-type: none"> <li>Some analysis and/or evaluation is made between different relevant factors and their impact but may sometimes lack coherence.</li> <li>Relevant terminology is used but may sometimes be missing.</li> <li>The answer sometimes demonstrates substantiated reasoning, clarity, structure and focus</li> </ul>	<ul style="list-style-type: none"> <li>Good level of core and moderate level of advanced skills/ techniques are applied with good accuracy and success.</li> <li>Advanced skills are used but these are applied inconsistently, but sometimes make errors in the more challenging situations.</li> <li>Good levels of physical fitness and/or psychological focus although there may also be some deficiencies.</li> </ul>	<ul style="list-style-type: none"> <li>Sometimes able to identify, explain and analyse illustrating a good level of awareness.</li> <li>Sometimes highlights the effect of relevant technical/tactical/ strategic errors upon overall skill execution and performance.</li> <li>Good knowledge and understanding of the different techniques/ tactics/strategies used in the analysis.</li> <li>Sometimes uses appropriate and correct technical terminology but the use of this terminology may sometimes be inconsistent.</li> </ul>
<b>D</b>			<ul style="list-style-type: none"> <li>Knowledge is sometimes accurate but may lack detail.</li> <li>Relevant terminology is occasionally used.</li> <li>The answer occasionally demonstrates substantiated reasoning, but may lack clarity, structure and/or focus at times.</li> </ul>	<ul style="list-style-type: none"> <li>Application of breadth or depth of knowledge is occasionally evident.</li> <li>Relevant terminology is occasionally used.</li> <li>The answer occasionally demonstrates substantiated reasoning, but may lack clarity, structure and/or focus at times.</li> </ul>	<ul style="list-style-type: none"> <li>Some analysis and/or evaluation is attempted between different relevant factors and their impact, but is likely to lack coherence.</li> <li>Relevant terminology is occasionally used.</li> <li>The answer occasionally demonstrates substantiated reasoning, but may lack clarity, structure and/or focus at</li> </ul>	<ul style="list-style-type: none"> <li>Moderate level of core and limited level of advanced skills/ techniques are applied with moderate accuracy/ success but not always consistent.</li> <li>Advanced skills are occasionally used but are rarely successful and often make errors in the more challenging situations.</li> <li>As the challenge increases the level of competence lowers</li> </ul>	<ul style="list-style-type: none"> <li>Occasionally able to identify and explain weakness(es), illustrating a moderate level of awareness.</li> <li>Occasionally highlights the effect of relevant technical/ tactical/strategic errors upon overall skill execution and performance.</li> <li>Shows moderate knowledge and understanding of the different techniques/ tactics/strategies used in the</li> </ul>

					times.	significantly. <ul style="list-style-type: none"> <li>Moderate levels of physical fitness and/or psychological focus are sometimes evident, though there are some deficiencies.</li> </ul>	analysis <ul style="list-style-type: none"> <li>Occasionally uses appropriate and correct technical terminology but the use of this terminology is often inconsistent.</li> </ul>
E			<ul style="list-style-type: none"> <li>Knowledge is limited and may lack accuracy and detail.</li> <li>Relevant terminology used only very occasionally.</li> <li>The answer often lacks substantiated reasoning, clarity, structure and/or focus</li> </ul>	<ul style="list-style-type: none"> <li>Application of breadth or depth of knowledge is likely to be limited or not evident.</li> <li>Relevant terminology used only very occasionally.</li> <li>The answer often lacks substantiated reasoning, clarity, structure and/or focus</li> </ul>	<ul style="list-style-type: none"> <li>There may be very little or no analysis and/or evaluation made between different relevant factors and their impact.</li> <li>Relevant terminology used only very occasionally.</li> <li>The answer often lacks substantiated reasoning, clarity, structure and/or focus</li> </ul>	<ul style="list-style-type: none"> <li>Limited level of core and no advanced skills/ techniques, applied with limited accuracy, success and with a clear lack of consistency.</li> <li>Student cannot or does not demonstrate any advanced skills and nearly always makes errors in the more challenging situations.</li> <li>Physical fitness and/or psychological focus are rarely evident</li> </ul>	<ul style="list-style-type: none"> <li>Rarely able to identify, explain and analyse weakness(es), illustrating a limited level of awareness.</li> <li>Rarely highlighting the effect of technical/tactical/strategic errors upon overall skill execution and performance.</li> <li>Limited knowledge and understanding of the different techniques/ tactics/strategies used in the analysis.</li> <li>Rarely uses appropriate and correct technical terminology</li> </ul>

