



Spalding Grammar School: Physical Education Department

Prog of Study 2024-25

Year 10

Staffing	10a – JAW, DGV, JRC 10b – JAW, DGV, JRC
----------	---

	SET 1 / GCSE	SET 2	SET 3
Lesson	<u>Double</u>	<u>Double</u>	<u>Double</u>
Term 1	Rugby – 10a – DGV 10b - DGV	Basketball – 10a JAW 10b – JAW	Football- 10a JRC 10b - JRC
Term 2	Table Tennis 10a – JAW 10b - JAW	Football- 10a JRC 10b - JRC	Basketball – 10a DGV 10b – DGV
Term 3	Football - 10a – JRC 10b - JRC	Fitness / TT 10a DGV 10b - DGV	Table Tennis 10a - JAW 10b - JAW
Term 4	Basketball - 10a – DGV 10b - DGV	Table Tennis 10a JAW 10b – JAW	Fitness / TT 10a DGV 10b - DGV
Term 5	Athletics – 10a – JAW 10b - JAW	Striking & Fielding Games 10a DGV 10b – DGV	Striking & Fielding Games 10a JRC 10b - JRC
Term 6	Cricket / NEA CW – 10a – JRC / JAW 10b – JRC / JAW	Striking & Fielding Games 10a DGV 10b – DGV	Striking & Fielding Games 10a JAW / JRC 10b – JAW / JRC



Spalding Grammar School: Physical Education Department

Prog of Study 2024-25

Year 11

Staffing	11a- DGV, AGB, JAW - 11b – DGV/JAW, CSC, JRC
----------	--

	SET 1 / GCSE	SET 2 / Option post Xmas	SET 3 / Option post Xmas
Lesson	<u>Double</u>	<u>Double</u>	<u>Double & Single</u>
Term 1	Rugby – 11a DGV /11b CSC +DGV	Football – 11a AGB; 11b AGB	Basketball – 11a JAW; 11b DGV / JAW
Term 2	Football – 11a JAW 11b DGV / JAW	Basketball – 11a DGV 11b CSC + DGV	Football – 11a AGB; 11b AGB
Term 3	Basketball - 11a DGV 11b CSC +DGV	Fitness / TT / Football Options 11a AGB; 11b AGB	Fitness / TT / Football Options 11a JAW; 11b DGV / JAW
Term 4	Table Tennis – 11a – JAW 11b DGV / JAW	Football Option 11a AGB; 11b AGB	Indoor Option – Badminton or Basketball 11a DGV; 11b CSC +DGV