

SUBJECT CAT CALENDAR KS5 2025-26

W/B	Term: Week	Phase: Week	T/T Week	Year 12	Year 13
26 Aug					
01 Sep	1:1	1:1	1		
08 Sep	1:2	1:2	2		
15 Sep	1:3	1:3	1		
22 Sep	1:4	1:4	2		
29 Sep	1:5	1:5	1		
06 Oct	1:6	1:6	2		
13 Oct	1:7	1:7	1	CAT 1 – CV System / Skill & Practice / Pop & Rat Recreation	CAT 1 – Diet / Leadership & Group Success / Phys Act & Elite Perf
20 Oct	1:8	1:8	2		
27 Oct					
03 Nov	2:1	1:9	1		
10 Nov	2:2	2:1	2		
17 Nov	2:3	2:2	1		
24 Nov	2:4	2:3	2		CAT – NEA (coursework and practical video)
01 Dec	2:5	2:4	1		
08 Dec	2:6	2:5	2	CAT 2 – Respiratory/ Stages of Learning / Development FB, Ath, Ten	Y13 Exams CAT 2 - full paper 1 CAT 3 – full paper 2 (all topics to date)
15 Dec	2:7	2:6	1		
23 Dec					
30 Dec					
05 Jan	3:1	2:7	2		
12 Jan	3:2	2:8	1		
19 Jan	3:3	2:9	2		
26 Jan	3:4	3:1	1		
02 Feb	3:5	3:2	2	CAT 3 – Muscles / Info Processing / Commercial Sport, Media & Soc Terms	
09 Feb	3:6	3:3	1		
16 Feb					
23 Feb	4:1	3:4	2		CAT – Final coursework deadline
02 Mar	4:2	3:5	1		
09 Mar	4:3	3:6	2		
16 Mar	4:4	3:7	1		
23 Mar	4:5	3:8	2		CAT 4 – Biomechanics / Cohesion / Commercialisation
30 Mar	4:6	3:9	1		CAT 5&6 – past paper 1&2 own time (due w/b 02 May)
07 Apr					
14 Apr					
20 Apr	5:1	4:1	2	CAT 4 – Terms 1-4 full paper	
27 Apr	5:2	4:2	1		
04 May	5:3	4:3	2		
11 May	5:4	4:4	1		
18 May	5:5	4:5	2		
26 May					
01 Jun	6:1	4:6	1		
08 Jun	6:2	4:7	2		
15 Jun	6:3	4:8	1		
22 Jun	6:4	4:9	2	CAT 5 – Movement / Personality & Attitudes/ Barriers to Participation	
29 Jun	6:5	4:10	1		
06 Jul	6:6		ELW		
13 Jul	6:7		2		
20 Jul	6:8		1		